



Biometric Screening

Complete a screening with your primary care physician.

Learn how to complete your biometric screening

As one of the requirements of the **Ameris Bank Wellness Premium Credit Program**, the biometric screening includes metrics that are recommended to be screened for regularly to assess your risk for conditions like diabetes and heart disease. It checks blood sugar, blood pressure, total cholesterol and body composition (BMI and waist circumference) - and sometimes cigarette smoking status. Knowing these numbers is a good way to monitor your health and helps support you in your wellness journey. If you completed a screening with your PCP between October 1, 2023 - December 31, 2023, you may use those results **for the 2024 program.**

Submit results or download a screening form under Activities - Prevention - Biometric Screening.



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