



**AMERIS
BANK**

WHERE TO GO WHEN YOU NEED CARE

Virtual Care is a great first option.

Not every situation calls for a trip to the emergency room. When it's not an emergency, you have access to a variety of care options to make sure you're getting the right care when and where you need it.



VIRTUAL CARE

COST: \$

Often FREE to you! Doctors are available anytime, with no appointments or long wait times. They can help you with health issues, such as a cold or flu, allergies, sore throat, migraines, or skin rashes. During your private and secure virtual visit, the doctor will assess your condition, provide a treatment plan, and send prescriptions to the pharmacy of your choice, if needed.



PRIMARY CARE

COST: \$

Available during normal business hours usually by appointment only for:

- Preventive care
- Annual wellness visits
- Treatment of minor or chronic conditions that aren't life-threatening.
- Mental health
- Prescriptions
- Referrals for specialized care



URGENT CARE

COST: \$\$

Available by walk in or by appointment. Most locations are in retail stores or pharmacies and open seven days a week with extended hours to treat:

- Cold and flu
- Ear infections
- Pink eye
- Minor cuts
- Seasonal allergies
- Sinus infections
- Skin conditions
- Sore or strep throat
- Stomach ailments



EMERGENCY ROOM

COST: \$\$\$\$

Emergency care services are available by walk-in 24/7 for severe abdominal pain, allergic reactions, head injury, chest pains, bone breaks, trouble breathing, or uncontrollable bleeding.

DEPENDING ON YOUR MEDICAL PLAN, FIND VIRTUAL CARE, PRIMARY CARE, URGENT CARE CENTER, OR AN EMERGENCY ROOM NEAR YOU USING:

WWW.ANTHEM.COM
SYDNEY HEALTH APP

OR

WWW.KP.ORG
KAISER PERMANENTE APP